



Race Results and Report

Duathlon Series Race 2

17 December 2017

Whilst the weather for the second duathlon of the 2017/18 season was milder there were a few light showers which made the track a little slippery for the later races. Thankfully there were no incidents as this was the first time we have tried drafting races for TS2 and above. Once again we had a great turnout of 49 competitors with one or two new faces.

There were a few bike restrictions to be checked again before the race for those who had not made it to the first race on the 3rd. Please ensure you let a coach or race official know if your bike has been altered since it was last checked so we can ensure it is race compliant. We will carry out some random checks at future races.

The morning's racing got underway with Tristars Start with a field of 5 boys. Hugo Nowacki taking his second win of the series whilst an epic battle for second was ensuing behind him between Ewan Ruddy and George Atkinson with nothing separating them on the line.

Next TS1 set off with Issac Thompson taking first place with a strong bike split. Rory Baines coming in second and Max Bracken-Smith in third. Hannah Sterry took first in the girls race with Saffy Butler in second and Bethan Read third.

TS2 was the first of the drafting races with a good field of 17 competitors setting off for a full lap of the Les Quennevais circuit on the run followed by 4 laps on the bike and an 800m run around the fields. This introduced some different tactics to racing which will help them learn for races such as Eton. Luke Holmes and Casper Whitewood came into T1 at the same time and worked well together to extend their lead whilst out on the bike with Luke taking an advantage into T2 ahead of the final run to take the win. Casper and Daniel Stocke with impressive run splits came in second and third. For the girls Libby Atkinson took the win with Siena Stephens second and Grace Cabot in third.

TS3 and youth raced at the same time following the same run courses as TS2 but with 5 or 6 laps of the cycle circuit to complete. Will and Thomas Atkinson executed the perfect game plan with strong runs taking them out on the bike together where they worked to build a commanding lead with Will peeling off for his final lap of the bike. Both boys took the wins in their respective races. In the TS3 race Tom Huelin put in an excellent solo performance on the bike to take second with Lily Scott coming in third overall and first girl. Freddie Lucas came in third boy after working well on the bike with Sol Silvester. In the girls race Eva Scott came in second and Hollie Masefield third. In the youth race Harvey Butler was second after a good chase down on the bike by Joe Beddoe came third.



It was an excellent morning's racing with drafting adding to the excitement. Many thanks to all those who helped the event organisation particularly those who arrived in the dark to get registration, course and transition ready. Also thanks to the bakers/baristas for the cake and coffees!

Happy Christmas!



Results

Note Bike splits are inclusive of transition 1 and transition 2

Non-drafting races

Tristars Start							
Place	Race Number	Name	Gender	Run 1 400m	Bike 1.5km	Run 2 400m	Finish Time
1	4	Hugo Nowacki	M	02:10	05:21	02:14	09:45
2*	2	Ewan Ruddy	M	02:21	05:18	02:14	09:53
2*	8	George Atkinson	M	02:14	05:27	02:12	09:53
4	3	Callum Stephens	M	02:40	07:30	02:49	12:59
5	7	Charlie Gallery	M	02:52	08:52	03:24	15:08

Tristars 1							
Place	Race Number	Name	Gender	Run 1 800m	Bike 3km	Run 2 800m	Finish Time
1	27	Issac Thompson	M	03:20	10:39	03:28	17:27
2	25	Rory Baines	M	03:13	11:04	03:26	17:43
3	39	Max Bracken-Smith	M	03:19	11:50	03:58	19:07
4	36	Tom Sterry	M	03:51	11:51	04:04	19:46
5	26	James Bradbury	M	03:37	12:24	03:53	19:54
6	37	Rory Wanless	M	03:50	12:35	04:17	20:42
7	32	Henry Lucas	M	04:02	13:16	04:07	21:25
8	34	Hannah Sterry	F	00:00	00:00	21:38	21:38
9	35	Saffron Butler	F	03:59	14:02	03:54	21:55
10	29	Bethan Read	F	06:53	14:20	05:04	26:17



Drafting Races

Tristars 2							
Place	Race Number	Name	Gender	Run 1 1500m	Bike 6km	Run 2 800m	Finish Time
1	54	Luke Holmes	M	05:24	12:16	03:17	20:57
2	50	Casper Whitewood	M	05:24	12:38	03:13	21:15
3	64	Daniel Stocke	M	05:33	13:39	03:16	22:28
4	51	Ronan Baines	M	05:42	13:26	03:22	22:30
5	59	Alex Read	M	06:10	13:15	03:41	23:06
6	68	Elizabeth Atkinson	F	06:03	13:32	03:57	23:32
7	52	Siena Stephens	F	06:21	14:10	03:48	24:19
8	55	Ollie Huelin	M	06:46	13:47	04:17	24:50
9	53	Herbie Buchholz	M	06:20	14:52	03:39	24:51
10	56	Grace Cabot	F	06:26	14:09	04:19	24:54
11	66	Seaena Silvester	F	06:27	15:47	03:58	26:12
12	58	Sam Sterry	M	06:45	15:49	03:49	26:23
13	61	Macey Higginson	F	07:10	15:29	04:14	26:53
14	60	Tahlia Averty	F	07:14	15:43	04:17	27:14
15	62	Elsa Wanless	F	07:16	15:56	04:28	27:40
16	69	Lucy Cohu	F	07:27	17:38	04:21	29:26
17	67	Libby Hart	F				DNF

Tristars 3							
Place	Race Number	Name	Gender	Run 1 1500m	Bike 7.5km	Run 2 800m	Finish Time
1	65	Thomas Atkinson	M	05:02	14:34	03:22	22:58
2	78	Tom Huelin	M	05:36	14:28	03:38	23:42
3	76	Lily Scott	F	05:35	15:18	03:18	24:11
4	77	Freddie Lucas	M	05:29	15:40	03:13	24:22
5	79	Sol Silvester	M	05:42	15:20	03:28	24:30
6	74	Charlie Hart	M	06:16	15:15	03:53	25:24
7	83	Harry Worth	M	06:08	16:23	03:41	26:12
8	84	Joseph Holmes	M	06:39	16:03	03:56	26:38
9	75	Eva Scott	F	06:31	16:39	03:49	26:59
10	80	Lachlan Ruddy	M	06:27	16:55	03:56	27:18
11	88	Michael Horsfall	M	06:37	18:47	03:39	29:03
12	90	Jonty Butler	M	06:57	19:32	03:40	30:09
12	85	Hollie Masefield	F	06:40	20:51	03:53	31:24



Youth							
Place	Race Number	Name	Gender	Run 1 1500m	Bike 7.5km	Run 2 800m	Finish Time
1	70	William Atkinson	M	05:01	17:11	03:01	25:13
2	89	Harvey Butler	M	05:31	20:16	03:20	29:07
3	86	Joe Beddoe	M	06:28	19:30	04:06	30:04