

RESULTS



Duathlon 1; November 2013 (7 years & under)

Les Quennevais

30 November 2013

		500m Run	1.5km Cycle	500m Run	Finish Time
Luke Holmes	Male	00:03:28	00:04:03	00:04:01	00:11:32
Elizabeth Atkinson	Female	00:03:23	00:04:43	00:04:09	00:12:15
Hannah Worth	Female	00:04:42	00:03:37	00:04:05	00:12:24
Casper Whitewood	Male	00:04:40	00:03:46	00:04:26	00:12:52
Olivia Boustouler	Female	00:04:44	00:04:30	00:04:33	00:13:47
Jamie Parslow	Male	00:04:39	00:05:21	00:04:19	00:14:19

Duathlon 1; November 2013 (8,9 & 10 years)

Les Quennevais

30 November 2013

		800m Run	3km Cycle	800m Run	Finish Time
Luke Killian	Male	00:04:27	00:07:14	00:04:54	00:16:35
Freddie Lucas	Male	00:04:35	00:07:49	00:05:03	00:17:27
Thomas Atkinson	Male	00:04:45	00:07:50	00:04:59	00:17:34
Dan Roderick	Male	00:04:51	00:07:56	00:05:04	00:17:51
Charlie Hart	Male	00:05:05	00:07:21	00:05:47	00:18:13
Ellie Boustouler	Female	00:04:48	00:08:36	00:05:22	00:18:46
Lily Scott	Female	00:04:54	00:08:48	00:05:29	00:19:11
Adam Kennedy	Male	00:04:55	00:09:01	00:05:19	00:19:15
Jack Lumsden	Male	00:05:00	00:08:52	00:05:53	00:19:45
Eva Scott	Female	00:05:37	00:08:44	00:05:56	00:20:17
Joseph Holmes	Male	00:05:55	00:08:34	00:07:24	00:21:53
Harry Worth	Male	00:05:54	00:08:52	00:07:08	00:21:54

Duathlon 1; November 2013 (11&12 years)

Les Quennevais

30 November 2013

		1500m Run	4.5km Cycle	800m Run	Finish Time
Peter Holmes	Male	00:06:00	00:10:07	00:05:11	00:21:18
Adele Maher	Female	00:06:20	00:10:57	00:05:01	00:22:18
Will Atkinson	Male	00:06:01	00:11:36	00:04:59	00:22:36
Aimee Hugh	Female	00:07:07	00:12:11	00:05:47	00:25:05

Duathlon 1; November 2013 (13 years & over)

Les Quennevais

30 November 2013

		1500m Run	6km Cycle	800m Run	Finish Time
Ollie Turner	Male	00:05:09	00:11:06	00:04:21	00:20:36
Sam Maher	Male	00:05:01	00:12:41	00:04:45	00:22:27
Joe Hugh	Male	00:05:37	00:13:26	00:04:43	00:23:46