

# RESULTS



## Duathlon 4; 28 February 2016 (Tristars Start)

## Les Quennevais

28 February 2016

		400m Run	1.5km Cycle	400m Run	Finish Time
Rory Baines	Male	00:01:51	00:05:53	00:02:01	00:09:45
Jack Maher	Male	00:02:04	00:05:51	00:02:18	00:10:13
Saffy Butler	Female	00:02:01	00:06:05	00:02:08	00:10:14
Ava Kennedy	Female	00:02:07	00:06:06	00:02:18	00:10:31
Rory Wanless	Male	00:02:16	00:06:14	00:02:38	00:11:08
Evie Worth	Female	00:02:25	00:06:04	00:02:43	00:11:12
Henry Lucas	Male	00:02:13	00:06:47	00:02:22	00:11:22
Oliver Stocke	Male	00:02:34	00:08:30	00:02:49	00:13:53
Jacob Mauger	Male	00:00:00	00:00:00	00:00:00	DNF

## Duathlon 4; 28 February 2016 (Tristars 1)

## Les Quennevais

28 February 2016

		800m Run	4.5km Cycle	800m Run	Finish Time
Luke Holmes	Male	00:03:13	00:11:47	00:03:19	00:18:19
Casper Whitewood	Male	00:03:10	00:12:00	00:03:31	00:18:41
Daniel Stocke	Male	00:03:15	00:12:43	00:03:31	00:19:29
Filip Nowacki	Male	00:03:51	00:11:46	00:04:02	00:19:39
Hannah Worth	Female	00:03:38	00:12:46	00:03:33	00:19:57
Elizabeth Atkinson	Female	00:03:25	00:13:00	00:03:34	00:19:59
Libby Hart	Female	00:03:50	00:12:17	00:04:20	00:20:27
Olivia Boustouler	Female	00:03:42	00:13:07	00:04:05	00:20:54
Oscar Dodds	Male	00:03:46	00:13:59	00:03:42	00:21:27
Siena Stephens	Female	00:04:03	00:13:28	00:04:26	00:21:57
Ruairi Boxall	Male	00:03:55	00:14:01	00:04:25	00:22:21
Dylan Hedgecock	Male	00:04:23	00:13:59	00:04:25	00:22:47
Seaena Silvester	Female	00:04:09	00:14:20	00:04:22	00:22:51
Ronan Baines	Male	00:03:33	00:16:20	00:03:41	00:23:34
Lilly Maher	Female	00:03:57	00:15:46	00:03:57	00:23:40
Lucy Cohu	Female	00:04:02	00:15:43	00:03:55	00:23:40
Grace Cabot	Female	00:04:04	00:15:15	00:04:42	00:24:01

# RESULTS



Elsa Wanless	Female	00:04:27	00:14:50	00:04:54	00:24:11
Saskia Ruddy	Female	00:04:11	00:00:00	00:00:00	DNF

## Duathlon 4; 28 February 2016 (Tristars 2)

## Les Quennevais

28 February 2016

		1500m Run	6.0km Cycle	800m Run	Finish Time
Isaac Dodds	Male	00:05:44	00:14:53	00:03:10	00:23:47
Freddie Lucas	Male	00:06:02	00:14:13	00:03:39	00:23:54
Charlie Hart	Male	00:06:19	00:14:05	00:03:53	00:24:17
Lily Scott	Female	00:06:10	00:15:18	00:03:33	00:25:01
Sol Silvester	Male	00:06:24	00:15:26	00:03:30	00:25:20
Elisha Hiller	Female	00:06:15	00:15:54	00:03:42	00:25:51
Lachlan Ruddy	Male	00:06:26	00:15:52	00:04:04	00:26:22
Thomas Atkinson	Male	00:05:49	00:17:34	00:03:34	00:26:57
Harry Worth	Male	00:06:18	00:17:12	00:03:33	00:27:03
Adam Kennedy	Male	00:06:34	00:17:01	00:03:41	00:27:16
Eva Scott	Female	00:07:48	00:16:53	00:03:44	00:28:25
Jonty Butler	Male	00:06:25	00:18:31	00:03:39	00:28:35
Thomas Moore	Male	00:06:44	00:18:10	00:03:42	00:28:36
Hollie Masefield	Female	00:06:46	00:18:12	00:03:39	00:28:37
Tom Huelin	Male	00:07:00	00:17:35	00:04:27	00:29:02
Matthew Stocke	Male	00:09:33	00:16:31	00:05:56	00:32:00

## Duathlon 4; 28 February 2016 (Tristars 3)

## Les Quennevais

28 February 2016

		1500m Run	7.5km Cycle	800m Run	Finish Time
Jack Kennedy	Male	00:05:29	00:16:29	00:03:33	00:25:31
Will Atkinson	Male	00:05:42	00:18:21	00:03:22	00:27:25
Dan Roderick	Male	00:06:13	00:19:46	00:03:54	00:29:53
Harvey Butler	Male	00:06:12	00:20:40	00:03:41	00:30:33
Archie Swain	Male	00:07:26	00:20:26	00:04:30	00:32:22
Ellie Boustouler	Female	00:06:31	00:23:05	00:04:20	00:33:56

# RESULTS



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## Duathlon 4; 28 February 2016 (Youth)

## Les Quennevais

28 February 2016

		1500m Run	9.0km Cycle	800m Run	Finish Time
Peter Holmes	Male	00:05:41	00:19:21	00:03:00	00:28:02
Florence Gothard	Female	00:05:48	00:21:42	00:03:26	00:30:56