



### **Aztec Jersey Tristars Code of Conduct for Parents/Carers**

Jersey Tristars is committed to maintaining the highest possible standards of behaviour and conduct at all triathlon, duathlon and related multi-sport activities.

Jersey Tristars Code of Conduct for Parents/Carers summarizes the essence of good ethical conduct and practice within triathlon. This applies not only to parents but also to guardians, carers, families and spectators alike. All of these individuals have a responsibility to help maintain a safe and positive environment for athletes in accordance with this Code of Conduct.

Parents/Carers must:

- Respect the rights, dignity and worth of every person within the context of triathlon.
- Treat everyone equally, sensitively and with respect. Do not discriminate on grounds of age, gender, ethnic origin, religion, disability or any other attribute.
- Encourage your child to learn the British Triathlon rules and to adhere to them (the rules can be found on our website and the website of the British Triathlon Federation).
- Publicly accept official's judgements and abide by their instructions where they do not contradict the spirit of this code.
- Teach your child to respect the event officials.
- Recognise the value and importance of volunteers, coaches and event organisers. It is their time and dedication which keeps the sport alive and whilst they can make mistakes they are always trying their best.
- Discourage unfair play and arguing with officials.
- Help your child to recognise good performance, not just results.
- Set a good example by applauding good performance and fair play whether by your child or by another.
- Never punish or belittle a child for making mistakes or for losing.
- Support your child's involvement and help them to enjoy the sport.
- Use correct and proper language at all times.
- Set a good example for your own child and others.
- Young people are involved in the sport for their own enjoyment, not yours. Encourage but do not force your child to take part.
- Consider your actions both at competition and training venues and also away from these events (including when using electronic communications, social media and other forms of communication).