

RESULTS



Duathlon 1; 29 November 2014 (Tristars Start)

Les Quennevais

29 November 2014

		400m Run	1.5km Cycle	400m Run	Finish Time
Libby Hart	Female	00:01:42	00:04:02	00:02:04	00:07:48
Ruairi Boxall	Male	00:01:36	00:04:58	00:02:02	00:08:36
Lucy Cohu	Female	00:01:35	00:05:20	00:02:09	00:09:04
Saffy Butler	Female	00:01:34	00:05:43	00:02:09	00:09:26
Evie Worth	Female	00:01:55	00:06:00	00:02:20	00:10:15
Henry Lucas	Male	00:01:52	00:06:39	00:02:13	00:10:44
Amber Mauger	Female	00:02:10	00:06:49	00:02:51	00:11:50
Oliver Stocke	Male	00:01:57	00:08:32	00:02:31	00:13:00
Jacob Mauger	Male	00:01:26	00:04:35	00:01:57	DNF

Duathlon 1; 29 November 2014 (Tristars 1)

Les Quennevais

29 November 2014

		800m Run	3km Cycle	800m Run	Finish Time
Freddie Lucas	Male	00:03:02	00:06:59	00:03:26	00:13:27
Charlie Hart	Male	00:03:06	00:06:31	00:03:58	00:13:35
Elizabeth Atkinson	Female	00:03:07	00:07:14	00:03:46	00:14:07
Luke Holmes	Male	00:03:17	00:07:10	00:03:58	00:14:25
Adam Kennedy	Male	00:03:11	00:07:41	00:03:37	00:14:29
Casper Whitewood	Male	00:03:19	00:07:54	00:03:40	00:14:53
Hannah Worth	Female	00:03:21	00:07:54	00:03:50	00:15:05
Eva Scott	Female	00:03:30	00:07:44	00:03:53	00:15:07
Thomas Nisbet	Male	00:03:27	00:07:55	00:04:01	00:15:23
Daniel Stocke	Male	00:03:18	00:09:46	00:03:31	00:16:35
Olivia Boustouler	Female	00:03:31	00:09:06	00:04:17	00:16:54
Matthew Stocke	Male	00:04:12	00:08:51	00:04:43	00:17:46
Caitlin Cadoret	Female	00:04:13	00:09:00	00:04:47	00:18:00
Sarah Youinou	Female	00:04:14	00:09:38	00:04:43	00:18:35

Duathlon 1; 29 November 2014 (Tristars 2)

Les Quennevais

29 November 2014

		1500m Run	6km Cycle	800m Run	Finish Time
Thomas Atkinson	Male	00:05:51	00:13:22	00:03:38	00:22:51
Dan Roderick	Male	00:06:10	00:13:37	00:03:33	00:23:20
Liam Cadoret	Male	00:06:27	00:13:22	00:03:42	00:23:31
Lily Scott	Female	00:06:26	00:14:46	00:03:56	00:25:08
Joseph Holmes	Male	00:07:13	00:14:12	00:03:45	00:25:10
Jonty Butler	Male	00:06:15	00:15:33	00:03:31	00:25:19

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Harry Worth	Male	00:07:14	00:14:40	00:05:03	00:26:57
Ellie Boustouler	Female	00:07:04	00:15:27	00:05:36	00:28:07
Sam Nisbet	Male	00:05:52	00:00:00	00:00:00	DNF

Duathlon 1; 29 November 2014 (Tristars 3)

Les Quennevais

29 November 2014

		1500m Run	7.5km Cycle	800m Run	Finish Time
Jack Kennedy	Male	00:05:19	00:15:21	00:03:11	00:23:51
Lily McGarry	Female	00:05:48	00:15:36	00:03:13	00:24:37
Adele Maher	Female	00:05:47	00:15:23	00:03:46	00:24:56
Peter Holmes	Male	00:06:03	00:15:17	00:03:54	00:25:14
Harley Cadoret	Female	00:06:46	00:15:48	00:05:00	00:27:34
Archie Swain	Male	00:07:20	00:16:50	00:04:18	00:28:28
Aimee Hugh	Female	00:06:57	00:17:59	00:04:11	00:29:07
Emma Youinou	Female	00:07:43	00:18:29	00:04:25	00:30:37